



The Strong ♥ Start ♥ Study

*Strengthening Young Families
Affected by Substance Use through
High Fidelity Wraparound*

JFK Partners - University of Colorado

M. Kay Teel, PhD, LCSW – Principal Investigator

Steve Rosenberg, PhD – Evaluator

Jan Waller – Study Coordinator

QIC-EC Learning Network Webinar

Friday, June 25th 2010



Collaborative Partners

1) ***JFK Partners – UCEDD***

- University Center for Excellence in Developmental Disabilities
- University of Colorado School of Medicine

2) ***Women's Substance Use Disorders Treatment***

- Special Connections Programs for Pregnant Women
- Division of Behavioral Health (DBH)

3) ***Early Intervention Colorado (Part C)***

- Infants & toddlers under age 3
- Division of Developmental Disabilities (DDD)

Target Population

- ♥ Pregnant women in substance use treatment
- ♥ Infants exposed prenatally to alcohol & other drugs





Intervention: High Fidelity Wraparound

- **Wraparound Facilitator**
 - Strengths, Needs, & Culture Discovery
 - Crisis stabilization & prevention planning
- **Family Support Partner**
 - 1 on 1 parent time; ASQ screening
 - Peer Mentor - Do for, do with, cheer on!
- **Wraparound Team**
 - Professional & Informal supports
 - Integrated planning & resource development



Risk & Protective Factors

❖ Reducing Risk Factors

- Reduction in maternal substance use
- Support sustained recovery; reduce relapse
- Facilitate lifestyle change

❖ Increasing Protective Factors

- Improve parent coping skills
- Develop ongoing social support network
- Facilitate access to needed resources



Emerging Challenges

- ❖ **Community-level buy-in for participation by professionals**
 - Child Welfare (50% families)
 - Probation/Parole (30% families)
 - Mental Health Professionals
- ❖ **Metro area counties with four different child welfare agencies**
 - Political climate; recent fatalities review
 - CW System already overburdened; safety first
 - Current outreach efforts at county level